

SHOE RECOMMENDATION LIST

Cushion/Neutral (Running)

Altra: Torin, Flow

Brooks: Dyan, Ghost, Glycerin

Hoka: Clifton, Bondi, Mach, Rincon

Reebok: Grasse Road

Saucony: Ride, Triumph

Moderate Stability (Running)

Altra: Vibram

Asics: GT 2000, Gel Kayano

Brooks: Adrenaline GTS, Cascadia,
Glycerin GTS, Ravenna

Hoka: One One, Arahi, Gaviota, Bondi (knotless)
SpeedGoat, Challenger

Mizuno: Wave Inspire, Wave Horizon

New Balance: 880, 928, 990

Saucony: Triumph, Guide

Maximum Stability (Running)

Asics: GT 4000

Brooks: Addiction, Beast GTS, Ariel

Mizuno: Paradox

New Balance: 1540

Hiking and Trail

Altra: Lone Peak, Olympus, Timp

Asics: Gt 2000 Trail, Fujitrabuco

Brooks: Cascadia, ASR

Hoka: Challenger, Kaha

Merrill: Moab

Lowa: Renegade

New Balance: 910

Oboz: Bridger

Salomon: X Ultra

Saucony: Peregrine

Timberland: Mt. Maddsen

Platform Sandals

Madeline Janita

Bjork: Clogs Born

Boc Dansko

Clarks Mia

Sandals

Birkenstock Vionic Hoka recovery

Naot Teva Skechers recovery

Oofos Merrell Spenco



Woman's Orthopedic/Dress Shoes

Clarks Comfort Wear (knotless)
Dr. Comfort Kuru
OrthoFeet SAS
Propet

Over the counter Inserts **(highest/hardest arch support)**

Superfeet Green, Spenco, PowerStep

Local Shoe Stores

Front Runners- 11620 San Vicente Blvd, Los Angeles, CA 90049, Tel (310) 207-0216
 www.frontrunnersla.com

Road Runners Sport- 1338 4th St, Santa Monica, CA 90401, Tel (424) 214-3535
(multiple locations) www.roadrunnersports.com

New Balance- 2600 Wilshire Blvd, Santa Monica, CA 90403, Tel (310) 829-2900
 www.newbalance.com

Fleet Feet- 16545 Ventura Blvd, Encino, CA 91436, Tel (818) 986-8686
 www.fleetfeet.com

Hoka Store- 8551 Melrose Ave Space A, West Hollywood, CA 90069,
 Tel (424) 551-9580, www.hoka.com

REI- 4655 Admiralty Way, Marina Del Rey, CA 90292
 Tel (424) 414-1900, www.rei.com

Birkenstock- 8606 W 3rd St, Los Angeles, CA 90048, Tel (424) 284-3159
West Hollywood www.birkenstock.com

DSW- multiple locations
 www.dsw.com

Other online stores

Amazon.com, Zappos.com, Brooksrrunning.com, OrthoFeet.com, Healthyfeetstore.com, drewshoe.com, propetfootwear.com, drcomfort.com, newbalance.com

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4560 Admiralty Way Ste 351 • Marina del Rey, CA 90292 • 310-822-3572
16661 Ventura Blvd. Ste 705 • Encino, CA 91436 • 818-789-7891

Men's Orthopedic/Dress Shoes

Clarks Cole Haan
Ecco Dr. Comfort
Kenneth Cole Kuru
Magnanni Ortho Comfort
Ortho Feet SAS
Viconic Propet